

BFT Gym Franchise for Sale New Plymouth



Turnkey Fitness Business with Exclusive Rights, Steady Income and Asia-Pacific #1 Brand Backing

BFT (Body Fit Training) delivers high-performance group strength and cardio workouts, backed by cutting-edge technology and tailored programming.

As APAC's #1 fitness franchise, BFT offers science-based training that drives real results in a supportive, community-driven environment. The fitness industry is booming, with growing demand for results-focused, boutique fitness experiences.

Owning BFT New Plymouth gives you exclusive territory rights in Taranaki, an established member base, steady revenue, and full operational support from a globally recognised brand. With ongoing innovation, nationwide marketing, and a strong community ethos, BFT presents a standout opportunity for both passionate fitness professionals and savvy investors to own a thriving business in a growth market.

Business Resources

This turnkey business includes a full trained team of coaches, proven operational systems, exclusive BFT programming and IP, state of the art equipment including BFT3 (cubed) heart rate technology, and access to ongoing training and support from the global BFT network.

Website

<https://bodyfittraining.com>

Location: **New Plymouth**

Asking: **\$375,000**
Negotiable, +GST

Type: **Franchise Resale /**
Health/Beauty

Contact:

Owner
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nzfranchises.co.nz/128842

